SimplyGo, ready for a stroll

Quick start guide

PHILIPS

RESPIRONICS

sense and simplicity

Why SimplyGo?

Hello, my name is _____

I am suffering from COPD.[1]

My physician has prescribed for me long-term oxygen therapy that requires the regular use of high concentrations of oxygen. My SimplyGo portable oxygen concentrator provides me with this reliable supply of oxygen. It is important for me to use oxygen therapy[2] during both my daily activities and at night. My SimplyGo stays with me wherever I go and helps me get the exercise I need.

I can walk, stand, move about, and basically enjoy my day while I receive my daily oxygen therapy.

It can improve the quality of my life.

[1]COPD (Chronic Obstructive Pulmonary Disease) refers to a group of lung diseases, such as emphysema and chronic bronchitis, that obstruct air from easily entering and exiting the lungs, thus preventing the proper elimination of carbon dioxide.

[2]Portable oxygen therapy: use and benefit in hypoxaemic COPD patients on long-term oxygen therapy – J. Vergeret, C. Brambilla, L. Mounier – ERJ 1989

My provider

Company

Address

Tel

My contact name

Mobile phone

e-mail

My prescription

Patient

Physician

Phone

e-mail

My prescription

SimplyGo - Getting started

Select the mode you've been prescribed

Pulse mode **SimplyGo detects each breath intake and delivers the oxygen delivery accordingly.**

Continuous-flow mode **Continuous oxygen delivery from 0.5 to 2 LPM.**

Sleep mode **Pulse mode with an increased detection sensitivity to sense breath intake more accurately at night. SimplyGo automatically switches to the last continuous flow setting used if no breath is detected after a period of time.**

Operating SimplyGo

1 **Charge** the battery or use the charger.

2 Insert SimplyGo into its **carrying case**.

3 Insert the **charged battery**.

4 **Connect** a standard single lumen **nasal cannula.** Make sure it is not pinched or kinked.

Maximum length up to 9 m (30 ft).

5 **Turn on/off** SimplyGo by pressing the power button twice.

6 **Select the mode** by pressing the mode (**M**) button. Continue pressing the Mode button to scroll through the *Pulse*, *Continuous flow*, or *Sleep* modes.

7 **Set the flow rate** in accordance with your oxygen prescription using the plus (**+**) or minus (**-**) buttons.

8 **Make sure you have all the accessories you need**. Install SimplyGo on the cart.

9 **Position the nasal cannula on your face** and breathe normally through the nose.

Simply before you go

SimplyGo is your ideal travel companion. Discover some useful tips when traveling with a portable oxygen concentrator.

Inform your physician about your trip; your prescription may need to be adapted depending on climate or altitude of your destination.

When booking your trip, inform the transportation company that you intend to use your SimplyGo during the journey.

Learn about the carrier's specific policy or requirements regarding oxygen therapy patients.

Make sure you have all the SimplyGo accessories you need. Contact your homecare provider if necessary.

At departure

Make sure you carry a copy of your oxygen therapy prescription with you at all times. Make sure you have the name and contact information of your homecare provider. Copy these onto your SimplyGo Quick start guide.

Verify that your SimplyGo batteries are fully charged and that you have your oxygen cannula with you.

Verify that you have the necessary power supplies to recharge SimplyGo batteries.

Keep your SimplyGo Quick start guide and your SimplyGo user manual together with your device at all times.

SimplyGo battery specifications

Battery autonomy						
Pulse mode setting*	1	2	3	4	5	6
1 battery	3 h 42	3 h 30	3 h 06	2 h 42	2 h 18	1 h 54
2 batteries	7 h 24	7 h 00	6 h 12	5 h 24	4 h 24	3 h 18
3 batteries	11 h 06	10 h 30	9 h 18	8 h 06	6 h 54	5 h 42
4 batteries	14 h 48	14 h 00	12 h 24	10 h 48	9 h 12	7 h 36

Continuous flow setting	0.5	1	2
1 battery	3 h 06	2 h 18	0 h 42
2 batteries	6 h 12	4 h 36	1 h 24
3 batteries	9 h 18	6 h 54	2 h 06
4 batteries	12 h 24	9 h 12	2 h 48

Charging time	2-3 hours per battery when fully discharged

*Based on 20 breaths per minute

Attach SimplyGo on the cart…
and on you go!

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